

Final rank	Country	City	Metro population	Average daily commute time (minutes)	Average time spent waiting for a bus or train daily (minutes)	Average journey distance (km)	% off commuters who have to make at least one change in a single journey	Cost of a monthly travel card as a % of monthly income	Average number of hours spent in congestion over 240 commuting days	Score
1	France	Nice	888,784	40	13	6.20	48	1.25%	22	11.05937051
2	Ecuador	Cuenca	700,000	51	11	3.80	51	2.27%	18	14.78436287
3	Spain	Bilbao	1,037,847	35	7	6.90	32	2.62%	15	15.08392624
4	France	Toulouse	1,312,304	44	9	6.60	64	2.25%	25	16.0232453
5	Italy	Catania	1,116,168	56	23	4.70	46	1.97%	15	17.82622531
6	Italy	Bari	1,261,954	57	18	4.20	31	2.32%	15	18.83131971
7	France	Lyon	2,265,375	51	11	4.70	72	1.97%	31	18.94199525
8	Italy	Bologna e Romagna	1,010,389	53	12	5.40	42	2.44%	20	20.27860384
9	France	Strasbourg	773,347	52	9	3.90	60	2.52%	24	20.56289704
10	UK	Leicester	836,484	52	12	6.20	32	2.87%	23	24.47094575
11	Italy	Florence	1,520,000	59	14	4.10	57	2.52%	23	25.01671584
12	Spain	Valencia	1,705,742	44	10	5.90	51	3.23%	26	26.47086602
13	France	Marseille	1,831,500	45	14	8.80	56	2.79%	30	27.07700375
14	Spain	Zaragoza	661,108	48	11	4.20	57	3.47%	13	28.02197156
15	Italy	Genoa	594,733	54	12	4.00	64	3.22%	18	29.71144914
16	Italy	Milan	3,196,825	64	11	7.70	72	2.22%	33	29.82494337
17	France	Nantes	908,815	47	12	4.70	62	3.43%	28	30.4234068
18	UK	Bristol	1,006,600	53	12	6.60	29	3.32%	27	31.80027494
19	Italy	Palermo	1,200,000	63	23	4.40	64	2.70%	24	31.97610572
20	USA	Minneapolis St Paul, MN	3,551,036	66	13	8.30	51	2.39%	41	34.72465875
21	Germany	Munich	6,000,000	56	10	9.20	66	2.55%	51	34.83191504
22	UK	Edinburgh	1,339,380	60	14	9.40	34	2.91%	28	35.47122665
23	Portugal	Porto	2,400,000	47	12	5.80	48	4.54%	27	36.4468326
24	Spain	Barcelona	1,700,000	50	10	7.20	58	3.77%	28	37.1009038
25	Singapore	Singapore	5,607,300	84	12	7.30	69	2.37%	10	37.14515837
26	UK	Newcastle	1,650,000	64	14	8.10	40	3.10%	24	37.48466854
27	USA	San Diego, CA	3,317,749	70	16	11.20	55	1.79%	48	37.54032419
28	Mexico	Guadalajara	5,002,466	82	15	8.00	67	2.25%	32	39.78558296
29	Brazil	Campina Grande	648,310	68	24	3.60	53	3.67%	16	42.03684869
30	Portugal	Lisbon	2,822,000	59	14	6.30	60	4.11%	22	42.89665862
31	Italy	Rome	4,300,000	79	20	6.80	74	2.42%	39	43.14896432
32	UK	Leeds	2,638,127	77	16	6.70	44	3.25%	21	44.6148531
33	Canada	Vancouver, BC	2,463,431	77	13	8.00	60	2.98%	29	45.43591565
34	Spain	Madrid	6,529,700	62	11	9.50	68	3.32%	42	46.07487296
35	USA	Denver, CO	2,814,330	77	14	11.20	54	2.90%	36	48.61592232
36	Turkey	Antalya	2,222,562	63	23	7.60	35	4.93%	23	48.63343075
37	Germany	Hamburg	5,107,429	58	11	8.90	72	3.90%	44	48.85992001
38	Canada	Ottawa, ON	1,323,783	84	13	7.80	62	3.09%	31	48.95999192
39	Mexico	Monterrey	4,704,929	85	17	9.50	68	2.66%	30	48.97321326
40	France	Paris	12,341,418	64	12	10.80	75	3.20%	69	50.27952143
41	Ireland	Dublin	1,347,359	65	12	7.80	34	5.45%	31	50.38177906
42	Mexico	Mexico City	21,000,000	88	11	9.90	82	2.31%	58	50.69606795
43	USA	Pittsburgh, PA	2,360,867	73	17	6.30	41	4.01%	32	50.94872905
44	Colombia	Bucaramanga	1,141,671	57	14	5.60	65	6.38%	50	51.84899338
45	Germany	Berlin	5,100,000	62	10	9.10	78	3.91%	44	51.85883907
46	Canada	Montreal, QC	4,098,927	87	14	7.70	71	2.86%	50	51.89612997
47	Russia	Moscow	16,170,000	67	11	9.10	69	3.39%	91	52.80819214
48	Turkey	Izmir	3,028,323	62	15	10.40	63	5.63%	26	54.49622069
49	USA	Portland, OR	2,389,228	90	14	8.20	52	3.04%	50	55.32146247
50	USA	Chicago, IL	9,512,999	86	15	10.10	67	2.87%	57	55.38388638
51	Turkey	Bursa	2,842,000	62	18	8.10	47	7.95%	26	56.40759997
52	Turkey	Ankara	4,587,558	71	16	9.90	60	4.86%	23	56.50940348
53	UK	Manchester	2,856,000	89	18	7.20	49	3.44%	39	56.97193933
54	Colombia	Medellin	3,700,000	66	11	5.90	51	7.66%	57	58.67669137
55	Colombia	Barranquilla	2,370,753	77	15	5.90	64	5.23%	40	58.95926694

56	Brazil	Santos e Baixada Santista	1,700,000	63	22	5.80	40	10.56%	28	59.94640529
57	USA	New York City, NJ	23,876,155	87	15	9.50	72	3.09%	91	60.74465487
58	UK	Birmingham	4,332,629	94	17	6.60	56	3.81%	36	61.97103497
59	Russia	Saint Peterberg	5,023,506	69	11	7.30	70	6.68%	54	62.08562245
60	USA	Los Angeles, CA	18,679,763	86	20	11.10	71	3.09%	102	62.52676681
61	Brazil	Campinas e Regiao	3,656,363	77	23	7.90	58	6.83%	25	64.61033131
62	USA	Philadelphia, PA	6,069,875	93	16	10.30	71	3.53%	37	65.96504646
63	USA	Washington, DC-Baltimore	6,131,977	86	19	8.80	68	4.18%	63	67.8660786
64	Brazil	Curitiba	3,400,000	72	17	7.00	61	10.16%	36	67.87518925
65	UK	London	14,040,163	84	13	8.90	61	5.63%	74	68.18493436
66	USA	Miami, FL	5,564,635	90	18	13.00	60	4.38%	64	72.87037799
67	Colombia	Cali	3,400,000	88	21	5.60	80	9.09%	49	75.96365033
68	Brazil	Brasilia	2,977,216	96	28	15.10	61	5.77%	31	77.52128384
69	Canada	Toronto, ON	5,928,040	96	14	10.00	73	6.50%	47	78.56348138
70	Brazil	Salvador	3,919,864	94	33	8.00	59	7.51%	47	78.7121879
71	Turkey	Istanbul	15,029,231	91	19	12.00	66	7.77%	59	81.78799446
72	Brazil	Sao Paulo	21,391,624	93	19	8.10	66	9.36%	86	83.71119338
73	Colombia	Bogota	10,200,000	97	20	8.00	67	8.10%	75	84.12279917
74	Brazil	Rio de Janeiro	12,280,702	95	19	12.30	62	9.40%	51	86.26510625

Cell: E1

Comment: https://moovitapp.com/insights/en-gb/Moovit_Insights_Public_Transport_Index-commute-time

Cell: F1

Comment: https://moovitapp.com/insights/en-gb/Moovit_Insights_Public_Transport_Index-waiting-time

Cell: G1

Comment: https://moovitapp.com/insights/en-gb/Moovit_Insights_Public_Transport_Index-commute-distance

Cell: H1

Comment: https://moovitapp.com/insights/en-gb/Moovit_Insights_Public_Transport_Index-transfer-count

Cell: I1

Comment: <https://www.numbeo.com/cost-of-living/in/London>

Cell: J1

Comment: <http://inrix.com/scorecard/>